

# **Athletic Department Philosophy**

**The Philosophy of the Park Ridge Athletic Department is to provide student athletes with an opportunity to compete at a high-level while maintaining a sense of pride and respect for the game they play, their teammates, and the opponents they compete against. Our Coaches, Student Athletes and Fans should represent both the town and school in a positive manner.**

**Athletics is an extension of the school day in which our student athletes will learn to work together towards a common goal. They will learn how to win, lose, interact in a group, and train at their highest possible level.**

**Our staff will play an integral part in helping our student athletes attain their goals while participating in our athletic program. Athletic participation will provide our student athletes an outlet to compete while building lifelong bonds with teammates, coaches, and the school community.**